

YFM SAYS HELLO!

Quarterly Newsletter of Unity of the Valley's Youth & Family Ministry

Embracing the Light Through Our Youth

Welcome to the first quarterly newsletter for Unity of the Valley's Youth and Family Ministry! Our theme for YFM in 2024 is "Embracing the Light Through Our Youth."

We are happy to announce that **Amanda Hadd** is our new YFM Assistant! Amanda will be



working with YFM Coordinator Alice Sparks and the whole team in our Sunday program and beyond.

Amanda has already served as a YFM volunteer and is the

mom of three of our youth, Brogan, Astoria and Aubriel. She is a fine example of embracing the light through our youth and is very creative in many ways. Whatever need is there, Amanda volunteers and we are so grateful to have her!



Photos from our Christmas play.



Bottom photos from our Fall Festival.



Activities for Our Youth & Adults!

Lesson plans in January-March for Unikids will focus on “The Twelve Powers,” a way of describing each person’s spiritual toolkit. Uniteens will be exploring “The Four Agreements,” based on the widely-acclaimed book. A five-minute puppet show begins each Unikids class.

We have monthly family gatherings on the last Wednesday of the month for youth and parents. Activities include games, movies, music and snacks. Quarterly field trips are planned and parents are welcome to join!

We are inviting volunteers from our congregation for co-teaching opportunities. Training is provided. This is not a huge commitment. It could be once every month, once a quarter, etc. You will get to know our youth better and contribute to their spiritual growth while you learn from them! We would love having you as part of our team!

Namaste. — *Alice Sparks*
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More photos from our Christmas play.

