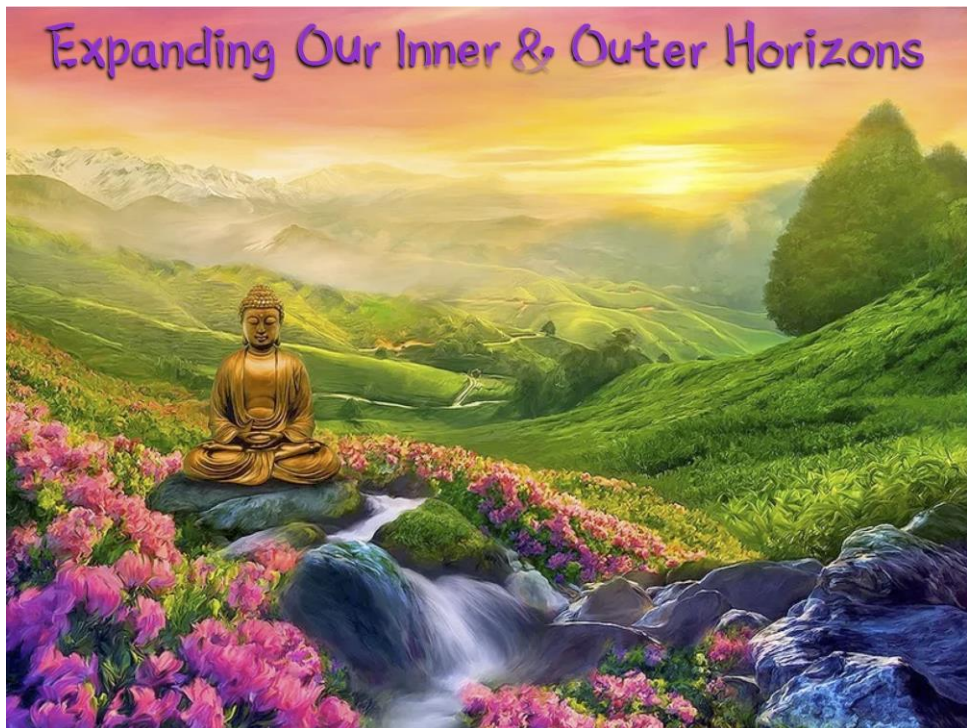



unity®
of the Valley

August 2019



Sunday Service

10:30 a.m.

Ministerial Team

Rev. Inge Tarantola Rev. Sherry Lady Jon West

Music Director

Laura DuBois

THE INFINITE HORIZONS OF LIFE

A message from our Ministerial Team

Think about horizons...how they stretch across the farthest edge of the seeable landscape...not merely the stuff of dreams, but a glimpse of realms beyond our own.



The horizon leans forward, offering you space to place new steps of change. – Maya Angelou

Though our usual gaze may be on the close-up details of life (*Did I get my coffee this morning? Is my internet working?*), there are always horizons around us, beckoning us to places unexplored.

You cannot swim for new horizons until you have courage to lose sight of the shore. – William Faulkner

Though the great faith traditions of humanity rise like separate summits, with steady observation we can trace the skyline of Eternal Truth that connects them all.

There are none happy in the world but beings who enjoy freely a vast horizon. – Henry David Thoreau

As we keep lifting our eyes to higher possibilities, we are struck with a profound awe of our universe and the Spirit from which everything is unfolding like a great cosmic flower...including ourselves!

When our inner vision opens, our horizons expand. – Louise Hay

This month, we invite you to explore new ways of expanding your inner and outer horizons, affirming: *I am open and ready for all that life can be through me!*



SERVICES IN AUGUST

Sunday, August 4: *In Awe of it All.* Speaker: **Rev. Sherry Lady.** As we build inner resources through our walk with Spirit, interactions with friends and family, prayers, and meditation, the outer world of experiences takes on new dimensions. We will look at some of these dimensions together and see wherein lies both the challenges and the beauty of it all.

Sunday, August 11: *Exploring our Edge.* Speaker: **Rev. Inge Tarantola.** We are more than meets the eye! We are filled with unlimited possibilities, the divine gifts, which are our birthright. What is holding us back? What would our lives and our world look like if we lived up to our potential?

Sunday, August 18: *Ever Newness: How to Keep Refreshing Your Life.* Speaker: **Jon West.** It's easy for life to gradually grow stale until we learn how to see and appreciate the eternal creative unfolding of creation within and around us.

Sunday, August 25: *Cosmic Living: Touching the Vastness of What We Are.* Speaker: **Jon West.** Great mystics have told us that beneath our conditioned thought patterns is Cosmic Consciousness. From this higher level, we experience the freedom, power, unlimited love and fulfillment that we're all seeking whether we aware of it or not.

First-Sunday Potluck

Sunday, August 4
after the service

Bring a main dish or salad, and invite
your family and friends!
Unity will provide coffee, tea, and dessert.

Youth & Family Ministry News

Our curriculum teachers take a much-needed break June 16 through September 8, and we offer an “All-Age Group” program during the summer. We will have a 15-minute check-in and meditation in the Rainbow Room at Unity and then walk to Tugman Park for supervised fun in the summer sun! **Sign in & Pickup Kiddos at Unity.**



Note: Since the playground at Tugman Park is getting an update this summer and is closed, we will be enjoying bubbles, sidewalk chalk, frisbee, relay races, and cloud gazing in the rest of the park!

VOLUNTEERS NEEDED

- We are in need of **summer volunteers** to walk to the park and monitor the kiddos. **Sign up in the Fellowship Hall** for one week or several.
- We are looking for **assistant teachers** which are volunteer positions which start in September.



PAID POSITIONS AVAILABLE

We need to hire a few lead teachers for our Y.O.U. class (ages 14-18), our Uniteens class (ages 11-13), and our Unikids class (ages 4-7). These are paid positions that start the first of September.

For more information, contact Christina Scott, YFM Coordinator, at 541-222-9971, or email unityyfmeugene@gmail.com.

There are two lasting bequests
we can hope to give our children.
One of these is roots; the other, wings....

~Hodding Carter

Board of Trustee's Meeting Tuesday, August 20 - 6:30 p.m.

All are welcome to attend this meeting in the Garden Room. If you would like to speak at the meeting, please contact Serenee Smith at 928-533-1646.

Minutes of the board meetings are posted in the Fellowship Hall on the Board bulletin board.

Behind the Lens Seminar

Tuesdays, August 6-27 (7:00 p.m.)

The August lineup for the **Behind the Lens Seminar**, hosted by Tom Blank, is:

Tuesday, August 6: Documentaries:

- ***The Memphis Belle*** (1944) directed by William Wyler. (45 min.)
- ***From D-Day to Berlin*** (1994) George Stevens' personal war films in color compiled by George Stevens, Jr. (46 min.)

Tuesday, August 13: *They Were Expendable* (1945) directed by John Ford. (135 min.)

Tuesday, August 20:

- ***Across the Pacific*** (1942) directed by John Huston. (96 min.)
- ***San Pietro*** (1945) documentary directed by John Huston. (37 min.)

Tuesday, August 27:

- ***Let There Be Light*** (1946) documentary directed by John Huston. (58 min.)
- ***The Red Badge of Courage*** (1951) directed by John Huston. (69 min.)

Cost: 12 films for \$30, or \$5 per time – Register by picking up a registration form in the Fellowship Hall or calling the office at 541-345-9913.

See flyer in Fellowship Hall for a listing of all 12 movies.

FRIDAY SPIRITUAL CINEMA

Friday, August 16, 7:00 p.m.



The **August** film is *Ugetsu*, a 1953 Japanese romantic fantasy drama film directed by Kenji Mizoguchi. "It's about a 16th century peasant farmer and potter who leaves his wife and young son during a civil war and is seduced by a spirit that threatens his life. A subplot involves his friend, who dreams of becoming a great samurai and achieves this at the unintended expense of his wife. Major themes include the ethics of war, forbidden relationships with the spirit world, and neglect of family duty.

At the end of *Ugetsu*, aware we have seen a fable, we also feel curiously as if we have witnessed true lives and fates." Roger Ebert (96 minutes) **A question-and-answer session with Tom will follow.** (Donation basis.)

Volunteer Coordinator Report

We're Excited and Busy!



We have company coming to visit us in September. The 2019 Unity Northwest Regional Conference will be held at Unity of the Valley September 23-26. In preparation for this event we want to make sure our facility is looking its best. We will be having some cleaning parties and will need some extra volunteers when our company arrives. Start to think of how you would like to add your skills to this event.

We are looking forward to welcoming others to our beloved facility and community. Watch for more announcements and signup sheets. Please feel free to contact me with any ideas or suggestions. Thank you.

Ellen, 541-344-1490

FINANCIAL REPORT

| MONTH | INCOME | EXPENSES | NET |
|-------|----------|----------|-----------|
| MAY | \$14,379 | \$15,450 | (\$1,071) |
| JUNE | \$17,038 | \$15,552 | \$1,486 |

Thank you so much for your generosity to our community – not only through financial giving and volunteering, but sharing Unity with your friends! Year after year, we're seeing steady, gradual growth. We also want to remind people to consider including your spiritual home in your Will.

*In loving appreciation,
your Board of Trustees*



QR CODE: Scan to reach
Unity's homepage.
Use DONATE button
on right side.

Great opportunities to help others seldom come,
but small ones surround us daily....
~Sally Koch

Facility Deep-Clean Work Party

Wednesday, September 11
10:00 a.m.-2:00 p.m.



Our facility is in need of a thorough cleaning, and on Wednesday, September 11, we will be dusting, scrubbing, washing windows, and cleaning all those areas that don't get attention on a regular basis.



Many hands make lighter work for everyone. Please join us in giving some tender loving care to our facility. If you can bring a vacuum cleaner, rags, or a feather duster, that's great too!

Sign up in the Fellowship Hall!

UNITY WORLD DAY OF PRAYER



Thursday, September 12
Noon-6:00 p.m.

I celebrate the vast possibilities for my life.

People from all faiths are invited to join us in the Sanctuary at Unity of the Valley as we connect in prayer with Unity Churches worldwide.

We begin in the Sanctuary at Noon

and we continue the day with prayer, meditation, a labyrinth, silence, an opportunity to create a prayer flag, and the Healing Prayer Circle will offer hands on healing prayer.

Join us for part or all of this day!

Many Hearts, One Song **A Concert for Unity & Love**



Wed., September 25
7:00-8:30 p.m.

Tickets \$10
on sale Sept. 8

With Laura at the helm, the fabulous team of musicians at Unity delight in creating inspiration for the soul, presenting messages of love, hope, peace, and healing. The common denominator in all their music is that it comes deeply from the heart, and that in turn touches the hearts of those who hear them. **Laura Dubois, Paul Biondi, Dr. Kathryn Brunhaver, Jon West**, and a **Host of Singers and Players** who will knock your socks off! All proceeds go to the Unity Northwest Region.

Unity's Prayer Ministry

Trained Chaplains are available to pray with you following the Sunday service. Prayer-team members will also pray for those who leave prayer requests in the prayer box in our foyer. You can also contact our Prayer Chain for prayer during the week. For more information, see the Prayer Ministry pamphlet in the foyer.

AUGUST PRAYER **Prayer for a Summer Day** from Rev. Sherry

Sweet Spirit,

So many songs waiting to be sung.
So many golden lights waiting to be hung.
Beneath the summer moon of your design,
we come willingly to affirm
our freedom in you
that leads us to the places
of happiness within and without.

We dance in the joy
of the sun and the stars
and feel the power
of nature penetrating our being
as summer spins our world
and brings good into visible form.

Thank you for the blessings of this season.

We let ourselves become
living poetry in its unfoldment.

Amen

Healing Prayer Circle

We meet weekly to offer hands-on healing prayer to individuals who request it. These individuals can meet in person with the prayer team right after church on Sundays. If you cannot be there in person, we offer distant healing.

For more information and to make an appointment, contact

**Rev. Inge
Tarantola at
541-968-5540.**

*Any concern too small
to be turned into a prayer
is too small to be made into a burden.*

~ Corrie Ten Boom

Weekly Meditation, Prayer Circles, & Study Groups

See our website (www.unityofthevalley.org) for more information on any of our ongoing circles or study groups.

SUNDAY MORNING READING GROUP (Rainbow Room) Sundays

9:00-10:00 A.M. This group is studying the book, *The Book of Ho'oponopono - The Hawaiian Practice of Forgiveness and Healing*" by Luc Bodin, MD, Nathalie Bodin Lamboy, and Jean Graciet. Everyone welcome.

CHOIR PRACTICE (Sanctuary) Mondays, 7:00-8:30 P.M. To join or for more information, contact **Mo Robeson** at **541-520-8489**.

YOUTH CHOIR PRACTICE (Garden Room) Sundays, 12:15-1:00 P.M.

All youth ages 8-18 are invited to join the youth choir. For more information, contact Unity's Music Director, **Laura DuBois** at **732-687-3571. (on hiatus until September 15.)**

MEDITATION CIRCLES (Fillmore Wing) Mondays, 5:30-6:30

P.M./Thurs., 5:30-6:45 P.M. The Monday group welcomes all meditation approaches and drop-ins. The Thursday group practices "Passage Meditation" as taught by Eknath Easwaran. For more information, contact **Laurie Cracraft** at **541-345-7563**.

TUESDAY SPIRITUAL DISCUSSION GROUP (Harmony Room)

Tuesdays, 10:30-11:45 A.M. This group reads together and discusses books chosen unanimously. The emphasis of the group is on discussion. For more information, contact **Judy Richardson** at **541-484-1958**.

MELLOW KUNDALINI YOGA, MEDITATION, & GONG RELAXATION

(Sanctuary) Wednesdays, 10:15-11:45 A.M. This class is calming, heart-opening, refreshing, inclusive, gentle and safe. \$5. Drop-ins welcome! For more information, contact **Sunny Hills** at **808-359-4926**.

NOON PRAYER & MEDITATION (Garden Room) Wednesdays,

12:00-12:30 P.M. Join **Linda Flock** in this beautiful experience of opening your heart to feel the complete and continuous Love of the Divine. Everyone is welcome!

Life is a series of awakenings....

~Sivananda

SUMMER QIGONG: WELLBEING IN THE FLOW (Fillmore Wing)

Thursdays, 11:15 A.M. - 12:30 P.M. led by **Jasmine Grace**.

Suggested donation of \$7 per class. (no one turned away.) For more info., contact **Jasmine** at **541-944-6418**.

COUNCIL OF ELDERS (Garden Room) Thursdays, 1:00-2:30 P.M.

The Council of Elders is a group that meets to define the possibilities and responsibilities of our wisdom years. If you are 60 or older and have an interest, please join us. For more info., contact **Bonnie Paquin** at **541-345-8873**.

COMING ALIVE THEATER GROUP (Sanctuary) Thursdays, 7:00-

8:30 P.M. Come and practice, and learn more about theater and other drama activities. No experience necessary. For more info., contact **Gary or Sunny (541-461-5663)**. (on hiatus until **September**.)

A COURSE IN MIRACLES (Fillmore Wing) Fridays, 10:00 A.M. - 12:00

P.M. For more info., contact **Janet and Dennis Chandler** at **541-485-5235** or email at janetkoppchandler@gmail.com.

Ongoing Monthly Groups & Events at Unity

HEALING CIRCLE (Fillmore Wing) Third Sunday, 3:00-3:45 P.M.

Join Dennis & Janet Chandler in a recurring monthly healing circle, based on A Course in Miracles, dedicated to acquiring and understanding healing practices and demonstrations.

UNITY OPEN MEN'S CIRCLE (Fillmore Wing) First and Third

Monday, 7:00-9:00 P.M. The Men of Unity Group is open to all men in our church and our larger Eugene community. For more information on how you can participate, please contact **Jim Drews** at **541-726-8510** or **Raymond Albano** at **541-285-3943 / ralban0@icloud.com**.

PRAYER SHAWL GROUP (Fellowship Hall) Second Thursday,

12:00-1:00 P.M. This group knits and crochets prayer shawls that will bless people who are going through a difficult time with a gift they can wrap around themselves to bring comfort, love, and peace. No experience necessary. For more info., contact **Inge** at **541-968-5540**.

THERAPEUTIC TOUCH (Fillmore Wing) First Thursday, 7:00-9:00 P.M.

The NW Therapeutic Touch Institute offers sessions for anyone interested in practicing or experiencing Therapeutic Touch healing. For more info., contact **Bev Forster** at **541-520-9358**.

THE MISSION OF UNITY OF THE VALLEY IS

To celebrate and express
the light and love of God
in each other and all things.

UNITY'S FIVE BASIC PRINCIPLES

1. **There is one Presence and one Power: God, the Absolute Good.**
2. **We are spiritual beings, created in God's image. The spirit of God lives within each person; therefore, all people are inherently good.**
3. **What we think, feel, and believe reflects in our life experience.**
4. **Affirmative prayer and meditation heighten our connection with God.**
5. **Knowledge of these spiritual principles is not enough. We must live them.**

CONTACT INFO

3912 Dillard Rd. (39th & Hilyard St.), Eugene, OR 97405
Office: (541) 345-9913 ♦ Fax: (541) 345-9182
www.unityofthevalley.org

OFFICE & BOOKSTORE HOURS

Tues–Fri, 10:00 a.m.–4:00 p.m.

BUSINESS OFFICE

(541) 345-9913
Géna Duel, Administrator

BOOKSTORE

(541) 345-9913, Ext. 12

MUSIC DIRECTOR

(541) 345-9913, Ext. 8

POSITIVE PRAYER LINE

(541) 345-9913, Ext. 7

SILENT UNITY

(800) 669-7729

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