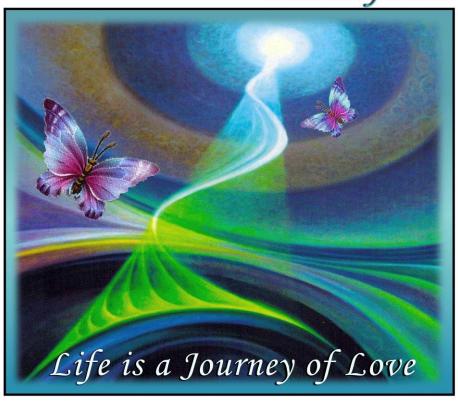


February 2023



Sunday Livestream & In Person Service 10:30 a.m.

Ministerial Team

Rev. Inge Tarantola Rev. Sherry Lady Jon West

Music Director Laura DuBois

LIFE IS A JOURNEY OF LOVE

A message from our Ministerial Team

Our theme for this month is inspired by the metaphysical definition of love given by Unity co-founder Charles Fillmore in his book, *The Revealing Word*:



"Love: The pure essence of Being that binds together the whole human family... In Divine Mind, love is the power that joins and binds in divine harmony the universe and everything in it; the great harmonizing principle known to humankind."

If Fillmore is right, then we can never truly be apart from love. All life takes place within Divine Love's oceanic power. Of course, the term "Divine Love" is a human attempt to name a force that far exceeds our notions of love. In a similar way, our brainwaves are far more than the mere electrical volts that can be recorded on a graph. Or perhaps all electrical currents are themselves the "brainwaves" of a conscious universe. No matter what we attempt to label or define, everything—including love—contains hidden dimensions of energy leading back to the One Source.

From a practical standpoint, we can take two essential paths in regard to Divine Love.

- The Path Commonly Taken: Here, we seldom consciously engage with Divine Love beyond occasional readings or praying for divine assistance when in need.
- The Path Less Taken: This involves making it a priority to awaken to Divine Love within and around us.

Throughout February, we will explore ways to follow the lesser-known path: being more open and available to the healing, nurturing, and uplifting power of Divine Love in all aspects of our life journey. It will be a joy to see you along the way!



SERVICES IN FEBRUARY

Sunday, February 5: "What Is This Thing Called Love?" Rev. Sherry Lady will take us on a journey into the metaphysical meaning of love.

Sunday, February 12: "Bread for the Journey." Rev. Inge Tarantola will share ideas on how best to prepare ourselves on the physical, mental, emotional, and spiritual level for the adventures ahead of us, and set ourselves up for success.

Sunday, February 19: "Awakening to a Higher Love, Part 1." Jon West will help us face the barriers to evolving our experience and expression of love. You can also help Jon celebrate his 59th birthday!

Sunday, February 26: "Awakening to a Higher Love, Part 2." Jon West will explore why spiritual growth and higher consciousness is directly connected to the infinite love that already shines deep within each of us.

Unity of the Valley



Sunday, February 26, at 12:15 p.m. after the Sunday service

Join us in person or on Unity's Facebook livestream (https://www.facebook.com/unityofthevalley).

We will bless our outgoing board members, welcome new board members, review our accomplishments of 2022, and envision possibilities for the future.



An Evening with Justus Saturday, February 4 7:00-8:30 p.m.

Join Justus for a magical evening of music and meditation where we will come together to open our hearts and souls to the message of love and hope.

Justus will share his original songs and spirit-guided meditations.

Doors open at 6:30 p.m. and will close shortly after 7:00 p.m. to start the first mediation, so please be on time.

Suggested donation: \$12-\$15 at the door.



Unity Theater Group



1st & 3rd Wednesdays of each month 6:30-8:00 p.m.

(Starts February 15th)

Would you like to explore the performing arts in the fun and nurturing fellowship of Unity of the Valley's own Theater Group?

Please join us in the Sanctuary for playing theater and improv games and for enjoying the experience of being an actor as well as an audience member for short skits and scenes in a no-stress gathering.

For more information, please contact

Doris Hicks at 458-205-8570 / dlhlibrary@aol.com or

Alice Sparks at 971-254-7564

A class for anyone who could use some more work in this area.

LESS More EGO, Happy

With Jon West

Inspired by Jon's 35 years of studying and applying Unity Principles and the teachings of Paramahansa Yogananda.

All 5 Wednesdays in March 6:30 p.m. – 7:45 p.m. Fillmore Wing Upstairs

Sign up from now until Feb 28 in the Unity Fellowship Hall or email unityval@riousa.com

Info: jwest97405@gmail.com ph. (541)683-7664

DONATION BASIS

YOUTH & FAMILY MINISTRY Sunday Gathering for Youth

Unikids (Kindergarten-5th Grade) We currently offer fun and inspiration for the kids. There is a puppet show each Sunday for the first 10 minutes. Parents are asked to drop off their children starting at 10:20 a.m.

Unity Teen Group (Grades 6-12). The Unity Teen Group meets on Sundays from 10:25 to 11:25 a.m. in the Rainbow Room with guidance from Jim Drews. Jim brings a deep and practical understanding of Unity principles and how to help youth develop their spiritual powers through creative exploration and fun activities. The Rainbow Room is in the Fillmore Wing of Unity, first door to the left of the stairway.

Angel Network

The Angel Network is a circle of caring. This mea you can ask for help in tough times for short-term services such as a supportive call or home visit, a ride to a medical appointment, a Sunday service, shopping for groceries, yardwork, etc. We can't guarantee help, but we can at least try! If you or someone in our church community has a need, let us know by calling the Angel Network Request Line at 541-345-9913, ext. 14.

If you would like to join the Angel team, just call the Angel Network Request line: 541-345-9913, ext. 14 and leave a message.

If you would like to donate gift cards from food stores and cash to have on hand for emergencies, you can do so by making a check payable to Unity of the Valley and including ANGEL NETWORK in the memo line. You can mail your check to Unity of the Valley, 3912 Dillard Road, Eugene, Oregon 97405.

FINANCIAL REPORT: COUNTING OUR BLESSINGS

MONTH(S)	INCOME	EXPENSES	NET
NOVEMBER	\$22,906	\$15,289	\$7,617
DECEMBER	\$16,019	\$25,146	(\$9,127)

2022 felt like a year to be extra generous with year-end bonuses, leading to the larger expenses above. And the income boost we usually see in December happened a little later as extra donations came in after the holidays. So, our financial house is still very much in order, thanks to this community!

Scan to reach Unity homepage.

Click DONATE

on right side

In loving gratitude, Your Board of Trustees



BOARD Sustees' MEETING

Tuesday February 21 6:30 p.m.

All Board meetings are currently being held via Zoom.
All are welcome to attend.

If you would like to attend and/or speak at the meeting, please contact **Serence Smith** at serenceheart@yahoo.com.

February Affirmation

I live in loving harmony with the world.



Messages from Our Two Retiring Board Members

John Garrett. It has been a very interesting and rewarding six years. I thoroughly enjoyed getting to know other board members. I also learned a lot about Unity of the Valley's shared leadership structure and was very impressed to see it in action. Jon's monthly report to the board made me aware of the large number of responsibilities that he has. The arrival of Covid



added layers that no one could have foreseen. I was truly grateful for the understanding response of the vast majority of congregants as we navigated the movement to streamed services and then masking and proof of vaccination requirements as we began the reopening process. I am so pleased that we are getting back to normal. I will miss our monthly meetings.



Geneva Miller. When I offered to serve on Unity's Board three years ago, I was hoping to learn more about the church and how it operated. It was indeed an enlightening experience. Along the way I came to realize how much effort is involved from so many people. Unity is indeed a community, a family, and a

spiritual refuge. It has been both an honor and privilege to serve on the Board. I will miss our monthly meetings. Love you all.



We are grateful
to you both
for your service to
Unity of the Valley
especially during the past
3 challenging years!

Behind the Lens Seminar

Winter Quarter 2023: The Best Movies of 1945 Tuesdays (7:00 p.m.)

1945...WWII staggers to a close and the world is changed. The Hollywood studios struggling to retain the profits of the war years, experiment with new forms. France finally gets to see American crime movies unavailable during the years of conflict and christens them "film noir." Hollywood reacts to the newly profitable foreign market and powers up to make more of the same.

Cost: 12 films for \$30, or \$5 per time.

Register by picking up a registration form in the Fellowship Hall at Unity.

A full listing of all 12 movies is on the Registration Form.

Tuesday, March 7: Meet Me in St. Louis (1944), with Judy Garland, directed by her future husband, Vincent Minnelli. (113 min.) NOTE 1: Tom will try to explain why actors can get away with "breaking into song." NOTE 2: Previous subscribers missed this when COVID so rudely interrupted us and will not be charged admission to this film or will be given a \$2.50 credit toward enrolling for the current series.

Tuesday, March 14: *Brief Encounter*, directed by David Lean. (86 min.)

Tuesday, March 21: *Mildred Pierce*, directed by Michael Curtiz. (111 min.)

Tuesday, March 28: *Rome, Open City*, directed by Roberto Rossellini. (105 min.)









Unity of the Valley Prayer Ministry

Unity was founded on, and is sustained by, the power of prayer. We invite you to participate in prayer with our devoted Prayer Ministry through these activities:

- Healing Prayer Circle We meet weekly via ZOOM to offer focused healing prayer to individuals who request it. For more information and to make an appointment, contact Rev. Inge Tarantola at 541-968-5540.
- **Prayer Requests** Email your name and prayer request to Rev. Inge Tarantola at ingetar@pacinfo.com.
- Call our **Dial-a-Prayer line** (541-345-9913, then press 7) for an uplifting, affirmative prayer at any time of the day or night.
- You can call Silent Unity 24 hours a day at 816-969-2000 or toll free at 800-669-7729.



FEBRUARY PRAYER

from Rev. Sherry Lady



For the month of February, and each day forward we choose to live in Love.

We share in the enfolding of all in the Light of Divine Love by dedicating ourselves to being Love in the world, guided by the words of poet and writer, John O'Donohue.

"May I live this day compassionate of heart,
Clear in word,
Gracious in awareness,
Courageous in thought,
Generous in Love."

Generous and loving Spirit, guide us by thy grace to the place where we will know and remember that Love is our calling, our destiny and our joy.

Amen

SUNDAY LIVE STREAM

Sunday Services. You can join us and many other friends of Unity of the Valley live at 10:30 a.m. each Sunday at https://www.facebook.com/unityofthevalley (you don't have to be a Facebook member).

CONNECTING

WEDNESDAYS 2:00-3:00 p.m. – Community Connect via Zoom. This is a one hour, drop in, chatting session for discussing topics of spiritual interest, personal growth, etc. There is a new topic each Wednesday. Your moderator is Rev. Dick Everts. To take part, send an email request to Rev. Dick at richard.everts@comcast.net.

THURSDAYS 5:30-6:45 p.m. – Passage Meditation in the Fillmore Wing. This group practices "Passage Meditation" as taught by Eknath Easwaran. For more information, contact Laurie Cracraft at 541-554-5434.

LAST THURSDAY OF EACH MONTH 1:00- 2:30 p.m. – Unity's Council of Elders meets in the Garden Room. If you are 60 or older and would like to explore the journey and wisdom of elderhood, please join us. For more information, contact Julia Linebarger-Taylor at illinebargertaylor@yahoo.com or 541-968-5896.

SATURDAYS 10:00-11:30 a.m. – \$1 Gong Bath Relaxation via Zoom + Free Optional Sharing Time with Sunny & Vicky Hills + Laura, Inge, and other Unity of the Valley Members who attend often. We Welcome You! Register at: https://sunnyhillsmeditation.com/.

The conclusion is always the same; love is the most powerful and still the most unknown energy of the world. ~Teilhard de Chardin

THE MISSION OF UNITY OF THE VALLEY IS

To celebrate and express the light and love of God in each other and all things.

UNITY'S FIVE BASIC PRINCIPLES

- 1. There is one Presence and one Power: God, the Absolute Good.
- 2. We are spiritual beings, created in God's image. The spirit of God lives within each person; therefore, all people are inherently good.
- 3. What we think, feel, and believe reflects in our life experience.
- 4. Affirmative prayer and meditation heighten our connection with God.
- 5. Knowledge of these spiritual principles is not enough. We must live them.

CONTACT INFO

3912 Dillard Rd. (39th & Hilyard St.), Eugene, OR 97405 Office: (541) 345-9913 • Fax: (541) 345-9182 www.unityofthevalley.org

OFFICE & BOOKSTORE HOURS

Tues-Fri, 10:00 a.m.-4:00 p.m. (We are currently closed due to the COVID-19 Pandemic)

BUSINESS OFFICE

(541) 345-9913 Géna Duel, Administrator

BOOKSTORE

(541) 345-9913, Ext. 12

MUSIC DIRECTOR

(541) 345-9913, Ext. 8

POSITIVE PRAYER LINE

(541) 345-9913, Ext. 7

SILENT UNITY

(800) 669-7729

BOARD OF TRUSTEES

Serenee Smith, President John Garrett, Vice-President Vicky Hills, Treasurer Ted Taylor, Secretary Michael Ticknor, Trustee Geneva Miller, Trustee Alice Sparks, Trustee