



SEPTEMBER 2022



UNLOCKING THE MYSTERIES OF HEART & MIND

Sunday Livestream & In Person Service
10:30 a.m.

Ministerial Team

Rev. Inge Tarantola Rev. Sherry Lady Jon West

Music Director
Laura DuBois

THE GREAT QUEST

A message from our Ministerial Team

Consider the vast array of things you've searched for in your lifetime. Perhaps you can recall a frightening moment in early childhood of losing your parents in a crowd. Or attending kindergarten for the first time and engaging in that all-important mission of finding a new friend.



Throughout our youth and adulthood, our searches go on, each potentially offering at least a little more satisfaction, security, or success. Yet behind all these endeavors looms life's greatest missing puzzle piece: discovering the wholeness of being that doesn't fade with outer circumstance.

In Matthew 6:33, Jesus is quoted as saying, "But seek first his Kingdom and his righteousness, and all these things will be given to you as well." The implication is that all our desires, including true fulfillment, can be met by prioritizing the search for "God's Kingdom." In Unity, we define this kingdom not as an outer physical realm but as the experience of pure being, the reality of Spirit that is our deepest essence.

Where is the road we must travel to discover this higher reality? Is it a physical journey we take through space and time? Certainly, the material world gives us clues and glimpses into the meaning of life. But notice how even outer events can only be experienced through the lens of consciousness, which in Unity we understand as a nonmaterial force not limited by space and time. It is also within consciousness that we store the memories and gather the lessons of our outer experiences. So the road to the Kingdom is one we take primarily within our heart and mind. Of course, there are so many pathways of feeling and thought that finding our way through this maze to our pure essence is a journey filled with mysteries.

Throughout this month, we invite you to step into the mysteries of the heart and mind in our quest for the Truth of our being.

SERVICES IN SEPTEMBER

Sunday, September 4: “Free to be You and Me.”

Speaker: **Rev. Sherry Lady**. The river of life is meant to flow freely to the sea of wholeness, happiness, purposeful living, and ultimate fulfillment. Yet sometimes we become caught in debris that interrupts the flow and we feel powerless to clear the way. With practice, we can navigate through it all with ease and become part of the sparkling sea of oneness.

Sunday, September 11: “Living Mindfully.” Speaker: **Rev. Inge Tarantola** living mindfully is a conscious choice, to live every moment with awareness, rather than on auto-pilot. It means to live in such a way that when the end comes, we have no regrets.

Sunday, September 18: “Who Am I, Anyway?” Speaker: **Rev. Dick Everts**. Explore and experience the next step into the Kingdom of Heaven—today!

Sunday, September 25: “The Spiritual Scientist in You.” Speaker: **Jon West**. Books and presentations offer possible avenues for inner and outer growth. But we alone have the capacity to test these methods and truly break through to the wondrous power and depths of the Spirit within us.

COME VISIT UNITY’S BOOKSTORE

Be sure to visit Unity’s Bookstore. We have new and used books, jewelry, prayer and affirmation flags, art journals, cards, trinkets, and much more.

Come browse to your heart's content after the service on Sundays and find the special gifts you’ve been looking for, while supporting our community at the same time!

YOUTH & FAMILY MINISTRY

We offer fun and inspiration for kids ages 5 to 10 years old (4th grade) who are fully vaccinated. There is a puppet show each Sunday for the first 10 minutes. Parents are asked to drop off their children starting at 10:20 a.m. Current Safety Precautions for younger children at Unity are:

- Proof of Vaccination/Booster required.
- We appreciate your patience as we continue requiring masks at Unity for everyone's protection.
- Families who have small children too young to be vaccinated may attend on a reservation basis. You can contact Géna at 541-345-9913, ext. 11 to make that reservation.

Angel Network

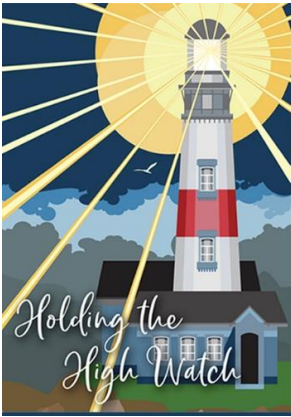


The Angel Network is a circle of caring. This means you can ask for help in tough times for short-term services such as a supportive call or home visit, a ride to a medical appointment, a Sunday service, shopping for groceries, yardwork, etc. We can't guarantee help, but we can at least try! If you or someone in our church community has a need, let us know by calling the **Angel Network Request Line** at **541-345-9913, ext. 14**.

If you would like to join the Angel team, just call the Angel Network Request line: **541-345-9913, ext. 14** and leave a message.

If you would like to donate gift cards from food stores and cash to have on hand for emergencies, you can do so by making a check payable to Unity of the Valley and including ANGEL NETWORK in the memo line. You can mail your check to Unity of the Valley, 3912 Dillard Road, Eugene, Oregon 97405.

Thursday, September 8



UNITY WORLD DAY OF PRAYER 2022

Please join us for a **Unity World Day of Prayer service at 12:30 p.m. on Thursday, September 8th**. We will present a soothing program of prayer, meditation, and music. You are welcome to attend in-person (subject to Unity's current vaccination policy), or watch the livestream on Facebook.

In addition, we are invited to join together and connect in prayer with Unity Churches worldwide. Please take a moment to visit Unity Worldwide's World Day of Prayer website at <https://www.unity.org/article/unity-world-day-prayer-2022> and **register to attend the free event via Zoom**. Their website tells you all the wonderful events happening and speakers presenting. Just click into their **Register Today** button and follow the prompts from there. Once you are registered, you will receive the Zoom link.

World Day of Prayer Affirmation

I pray with an elevated mind and open heart.

**Be sure to hang your prayer request on
Unity's Prayer Tree in the Sanctuary!**

FINANCIAL REPORT: COUNTING OUR BLESSINGS

MONTH(S)	INCOME	EXPENSES	NET
JUNE	\$14,326	\$15,965	(\$1,639)
JULY	\$15,721	\$12,948	\$2,773

While our in-person attendance remains less than half our pre-pandemic level, our online supporters have joined in to help us meet our ongoing expenses. We thank our spiritual community for all the ways you shine your generous hearts.

In gratitude,
Your Unity Board of Trustees



Scan to reach
Unity homepage.
Click DONATE
on right side

BOARD OF Trustees' MEETING

**Tuesday September 20
6:30 p.m.**

All Board meetings are currently being held via Zoom. All are welcome to attend.

If you would like to attend and/or speak at the meeting, please contact **Serenee Smith** at sereneeheart@yahoo.com.

September Affirmation

I'm alive, alert, awake
and open to
my highest good!



Unity of the Valley Prayer Ministry

Unity was founded on, and is sustained by, the power of prayer. We invite you to participate in prayer with our devoted Prayer Ministry through these activities:

- **Healing Prayer Circle** - We meet weekly via ZOOM to offer focused healing prayer to individuals who request it. For more information and to make an appointment, contact **Rev. Inge Tarantola at 541-968-5540.**
- **Prayer Requests** - Email your name and prayer request to Rev. Inge Tarantola at ingetar@pacinfo.com.
- Call our **Dial-a-Prayer line** (541-345-9913, then press 7) for an uplifting, affirmative prayer at any time of the day or night.
- You can call **Silent Unity** 24 hours a day at 816-969-2000 or toll free at 800-669-7729.

SEPTEMBER PRAYER

from Rev. Sherry Lady



As I make my plans
for today and tomorrow, Loving Spirit,
I call upon You to guide my steps.

Turn me toward the direction
You would have me go.

The direction for which my heart calls out
and which I sometimes fail to recognize.

Open my eyes and heart
that I may see more clearly
and more fully embrace the path
that opens to me when I listen
to the calling from You –
the Source of my soul's inspiration.

And, thank you also
for letting me be me
and loving me as I am.

Amen

A Note from our Facilities Ministry Coordinator

It takes a village to help keep our Facilities running smoothly and efficiently. **Gary Wymore**, our Facilities Coordinator, shares the following:

We have been keeping busy this year taking care of the needs of our facility. Here's a snapshot of what we have been up to:



- **Sump Pumps** - Jon has been working with the plumbers on replacing the sump pumps in the sanctuary along with all the digging, piping, and messiness that comes with fixing the drainage issue going on under the sanctuary and also the drainage system outside.
- **Parking Lot** – Our parking lot was paved in 2019, and then COVID hit. The parking lot had the final stage take place in August by having been sealed and striped. Project complete!
- **Security Cameras** – We have installed a camera at the front door to help our Administrator know who is at the front door. We also plan on installing security cameras around the outside of the facility so that we can better monitor the activities going on most especially when no one is here.
- **New Doors** – We have gone through the bidding process to replace the front doors and the side kitchen entrance door and anticipate those new doors being installed in the near future. Our safety team met this year and felt that an upgrade for safety was needed. As the world has been changing, we are changing with it.

In addition to the above-listed major projects, we continue to do the regular stuff like annual maintenance on our heating and air conditioning systems, changing out water filters (our Sunday volunteers appreciate the taste of the water much more now), painting of railings, and handling any of the day-to-day issues with the facility that come up.

We would love to add your skills to our team! If you happen to be someone with building repair skills (electrical, plumbing, construction, etc.) and are willing to help out on occasion, please let us know and we will add you to our facility team list. As with any well-used building, minor issues can arise at any time. The loving care we invest in our spiritual home is energy well spent.

In loving service,
Gary Wymore

Unity Community Outreach

Unity of the Valley **Food Drive** continues. All food collected goes to Food For Lane County to help keep the local pantries stocked. These pantries serve as emergency assistance for people who are in need of food and can help make a real difference to families having enough to eat in a month.



Please help us fill the barrel in the foyer

Donated items should be shelf-stable food (i.e., canned or no refrigeration needed)



Some suggested donation items are: Protein (such as peanut butter, canned meat: tuna, chicken, salmon, corned beef, etc.), dried beans, canned food, soup, spices, cooking oil, broths, shelf-stable non-dairy milk alternative (i.e., almond milk, oat milk, soy milk, etc.), cereal, grains, pasta, rice, baby food, baby formula.

September Inspirations

As we move into the second half of 2022, what is inspiring you? Here are some inspirations you might want to add to your list.

- Life is a series of awakenings. ~Sivananda
- Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy. ~Thich Nhat Hanh
- I see God in everything. I recognize my oneness with all mankind and my oneness with God. ~Peace Pilgrim
- Only love can be divided endlessly and still not diminish. ~Anne Morrow Lindbergh
- Faith begins as an experiment and ends as an experience. ~W.R. Inge

UNITY SPIRITUAL COMMUNITY SUPPORT FUND

The Unity Board created a Spiritual Community Support Fund. This fund was inspired by a Unity member who offered her government stimulus funds to assist individuals in our spiritual community who need it most.

WAYS YOU CAN CONTRIBUTE FINANCIALLY

- **Mail a check** to Unity of the Valley, 3912 Dillard Rd., Eugene, OR 97405 with a note designating if it's for OSCSF or general Unity finances.
- **Make a donation through PayPal** using the yellow DONATE button on the home page of our website: unityofthevalley.org. Make sure you designate whether you want your donation to be applied to OSCSF or to general Unity finances.
- **Write a letter** stating you wish to join our **Simple Giving Fund** to contribute a set amount (state the amount) on a regular basis (state how often) and include a voided check. Just designate what portion should be used for OSCSF or general Unity finances. Géna, our Office Administrator, opens all our mail in private. So, it is safe to include your account information in a letter, but not in an email.

IF YOU NEED MONETARY ASSISTANCE

To request monetary help, you can write a letter or an email (unityval@rioussa.com) directed to the Ministerial Team. Please include the following information:

1. Your name, mailing address, phone number, and email address.
2. Your association with Unity of the Valley.
3. Name of a reference at Unity of the Valley (someone who knows you).
4. Brief description of your financial need.
5. How much you are requesting.
6. Do you think your financial needs will require monthly support?

Requests for monetary help will be reviewed by our Ministerial Team. If a request is approved, the amount granted will be dependent on how many requests we receive and how much money is available in the OSCSF.

SUNDAY LIVE STREAM

Sunday Services. You can join us and many other friends of Unity of the Valley live at 10:30 a.m. each Sunday at <https://www.facebook.com/unityofthevalley> (you don't have to be a Facebook member).

CONNECTING VIA ZOOM

Community Connect, Wednesdays 2:00-3:00 p.m.

This is a one hour, drop in, chatting session for discussing topics of spiritual interest, personal growth, etc. There is a new topic each Wednesday. Your moderator is Rev. Dick Everts. To take part, send an email request to Rev. Dick at richard.everts@comcast.net.

Sacred Wednesday Morning Yoga Class Via Zoom with Donna O'Neil. 10:00-11:15 a.m. – Hatha Yoga: Mindful yoga practices for strength, balance, and flexibility. (Level 1) See **Donna's Schedule Page** for cost and more details at <https://yogawithdonna.com/classes-and-schedule>. Contact Donna at yogawithdonna@gmail.com or text to 541-632-0105. Let her know you're coming at least 15 minutes before the start of class, so you can get the Zoom link.

HAVE YOU MOVED?



Please let us know if you have recently moved or changed your telephone number or e-mail address. You may notify us by e-mailing Géna at unityval@riousa.com, calling 541-345-9913, ext. 11, or writing us a note, so we can keep our records up to date.

THE MISSION OF UNITY OF THE VALLEY IS

**To celebrate and express
the light and love of God
in each other and all things.**

UNITY'S FIVE BASIC PRINCIPLES

- 1. There is one Presence and one Power: God, the Absolute Good.**
- 2. We are spiritual beings, created in God's image. The spirit of God lives within each person; therefore, all people are inherently good.**
- 3. What we think, feel, and believe reflects in our life experience.**
- 4. Affirmative prayer and meditation heighten our connection with God.**
- 5. Knowledge of these spiritual principles is not enough. We must live them.**

CONTACT INFO

3912 Dillard Rd. (39th & Hilyard St.), Eugene, OR 97405
Office: (541) 345-9913 • Fax: (541) 345-9182
www.unityofthevalley.org

OFFICE & BOOKSTORE HOURS

Tues–Fri, 10:00 a.m.-4:00 p.m.

(We are currently closed due to the COVID-19 Pandemic)

BUSINESS OFFICE

(541) 345-9913
Géna Duel, Administrator

BOOKSTORE

(541) 345-9913, Ext. 12

MUSIC DIRECTOR

(541) 345-9913, Ext. 8

POSITIVE PRAYER LINE

(541) 345-9913, Ext. 7

SILENT UNITY

(800) 669-7729

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